

Tournament Capital Centre Use Guidelines

Welcome to the Tournament Capital Centre (TCC)! To ensure your visit is enjoyable, please take the time to read these use guidelines.

COVID-19 ALERT

Patrons are expected to wear a mask while inside TCC, to maintain a physical distance of 2 meters, and obey all facility signage.

Do not enter the facility if you have:

- experienced COVID-19 symptoms in the past 10 days—See THE BCCDC website for a full list of symptoms [BCCDC.ca/Health-Info/Diseases-Conditions/COVID-19/About-COVID-19](https://www.bccdc.ca/Health-Info/Diseases-Conditions/COVID-19/About-COVID-19)
- come into contact with someone who has experienced COVID-19 symptoms in the past 10 days
- come into contact with someone who has tested positive for COVID-19
- travelled outside of Canada or have come into contact with someone who has travelled outside of Canada within the past 14 days

Guest Code of Conduct

The City's goal is to provide a friendly, safe, and fun environment for all guests.

- Be respectful of others and their beliefs, opinions, belongings, and feelings.
- Be respectful of directions given by staff or volunteers.
- Be respectful of the facility and equipment, inside and outside.
- Ensure conversation, behaviour, and language is appropriate for a public facility that caters to all cultures, diversities, and age groups.
- Drugs, alcohol, and items that would be deemed as weapons are prohibited on site.
- Please report any witnessed misconduct or suspicious activity to facility staff.

Any guests not respecting the Code of Conduct may be requested to leave the TCC.

Hours of Operation

Visit [Kamloops.ca/TCC](https://www.kamloops.ca/TCC) or phone 250-828-3655 for up to date hours of operation.

Wristbands

All patrons are required to wear a wristband, which must be visible at all times while using the pool area; the Fieldhouse, including the track and courts; and the gyms.

Change Rooms and Locker Facilities

Change rooms are closed until further notice. Lockers are available in the Fieldhouse and outside of the Wellness Centre and the Athlete Performance Centre. All backpacks and bags must be stored in lockers and are not permitted in the gyms. Lockers must be emptied by the end of the business day. Any locks left on at the end of the day will be removed, and the locker contents will be moved to "Lost and Found". Please note that the City is not responsible for lost or stolen articles. The City strongly encourages patrons to lock up their belongings.

Gym Etiquette

- Clean, close-toed footwear must be worn at all times. Outdoor footwear, open-toed shoes, open-backed shoes, boots, sandals, and bare feet are not permitted.
- All patrons must wear clean, appropriate exercise attire—street clothes, including jeans, ripped shirts or shorts, and clothing with offensive language and images, are not permitted.
- Refrain from exercising in groups and monopolizing equipment or space. You are expected to share the equipment and space.
- **All users must wipe down the equipment after use.**
- All users must replace equipment after use.
- Cell phone use (talking, texting, etc.) is prohibited while using the equipment.

Tournament Capital Centre Use Guidelines

Fieldhouse Court Usage and Bookings

Patrons may use courts for recreational activities when the courts are open and during drop-in programs. Court usage for organized lessons, clinics, or practices is prohibited during drop-in programs. The courts MUST be booked for coaching and instructional purposes.

Sparring Activities

Sparring activities are not permitted at any time inside TCC.

Canada Games Aquatic Centre

Closed until further notice.

Fieldhouse

Children 10 years of age or older are permitted to use the Fieldhouse track and courts without an adult. The City does not provide direct supervision of the Fieldhouse. Children under the age of 12 are not permitted to use any of the fitness equipment in the Fieldhouse

Gyms and Easy Line Circuit Area

- Youth 12–17 years of age are required to complete a FREE weight room orientation.
- Upon completion of an orientation, youth 12–14 years of age are permitted to use the gyms and the equipment in the fieldhouse under the direct supervision of a paying adult (18 years of age or older).
- Youth 15 years of age or older are permitted to use the gyms on their own.

Parking

TCC visitors are required to register their licence plate at a parking kiosk to receive two hours of free parking, Monday to Friday, 8:00 am–5:00 pm. Outside of these days and times, TCC visitors are not required to register their licence plate.

TCC visitors displaying a valid disabled parking permit can park for free and do NOT need to register their licence plate at a parking kiosk.

Emergencies

Emergencies should be reported to facility staff immediately. For serious emergencies in the gyms, please use the phones provided to call 911. The Fieldhouse is equipped with an emergency button that can be pressed to alert facility staff of medical emergencies on the courts and indoor track.

Smoking

The City provides a smoke-free environment for its guests. Smoking is prohibited and strictly enforced anywhere inside and outside on TCC property.

Scent Sensitivity

The City promotes a scent sensitivity program. TCC is a scent-free facility.

Cameras and Recording Devices

Photography and video recording are not permitted without the City's approval. Cameras, smartphones, and other electronic recording devices are strictly prohibited unless prior approval is received from the City.

External Training Services

Prior to using TCC as a training facility, all external trainers (personal training, coaching, rehabilitation, etc.) are required to register with the City. Please contact the Health and Wellness Coordinator at 250-828-3698.