



Bringing communities together with physical activity.

Hey Kamloops, let's be the most active community in Canada!

Top community wins \$100,000 to go towards local physical activity initiatives!

In 2019, we place in the top 5 communities in Canada. We can do this!



June 1–30, 2021

Join the challenge

by downloading the ParticipACTION app



- Track your activity.
- Win awesome prizes.
- Support your community.
- Get motivational content to help you stay active and healthy.
- Encourage your friends and family to participate.

Everything gets better when you get active.



Canada's Tournament Capital



PlayKamloops.com



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