

Gentle Circuit Schedule Tournament Capital Centre



March 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8-9am PRO 9-10am GC	3 8-9am GC	4 8-9am PRO 9-10am GC	5 8-9am GC	6 9-10am GC	7
8	9 8-9am PRO 9-10am GC	10 8-9am GC	11 8-9am PRO 9-10am GC	12 Class Cancelled	13 Class Cancelled	14
15	16-20 No Class – Spring Break					21
22	23-27 No Class					28
29	30 8-9am PRO 9-10am GC	31 8-9am GC				

April 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8-9am PRO 9-10am GC	2 8-9am GC	3 9-10am GC	4
5	6 8-9am PRO 9-10am GC	7 8-9am GC	8 8-9am PRO 9-10am GC	9 8-9am GC	10 Class Cancelled	11
12	13 Class Cancelled	14 8-9am GC	15 8-9am PRO 9-10am GC	16 8-9am GC	17 9-10am GC	18
19	20 8-9am PRO 9-10am GC	21 8-9am GC	22 8-9am PRO 9-10am GC	23 8-9am GC	24 9-10am GC	25
26	27 PRO cancelled 9-10am GC	28 8-9am GC	29 Class Cancelled	30 8-9am PRO 9-10am GC		

For up-to-date facility closures/drop in basketball schedule/indoor track schedule, visit www.tournamentcapital.com, or contact (250) 828-3500. Please note, this schedule is subject to change without notice. Gentle Circuit participants are required to purchase a track pass, and GC Upgrade Punch Pass. Please obtain a Gentle Circuit coloured ticket prior to coming to class. Tickets will be collected by the instructor prior to class.

Gentle Circuit (GC) takes place on the EZ Line Equipment

GC Pro: Mondays & Wednesdays - North Court (unless otherwise indicated)