

TOURNAMENT CAPITAL CENTRE COVID-19 USER SAFETY PROTOCOLS

The City of Kamloops has developed the following user safety protocols with the purpose of preventing the spread of COVID-19 in our community and providing opportunities for our citizens to recreate. These protocols represent the standards according to the Provincial Health Officer and the British Columbia Recreation and Parks Association.

Prior to visiting the Tournament Capital Centre, patrons are required to register online at [Kamloops.ca/PerfectMind](https://www.kamloops.ca/PerfectMind) and read and agree to follow the User Safety Protocols.

GENERAL USAGE

- Masks are mandatory at all times, including while you exercise.
- Change rooms are open; however, lockers are unavailable for bags or personal items. Wallet lockers are available for small items.
- Physical distancing of 2.5 meters is required at all times during exercise and 2 meters at all other times.
- Spotting for weightlifting is not permitted, unless patrons reside in the same household.
- Patrons must wipe equipment after each use.

HEALTH SCREENING

Before entering the Tournament Capital Centre and throughout your activity, you should self-monitor for symptoms associated with COVID-19 by using the BC Health COVID-19 Symptom Self-Assessment Tool located online at bc.thrive.health.

Patrons must not enter the facility or leave the facility immediately if:

- You are experiencing symptoms consistent with COVID-19 (refer to link above for a list of symptoms).
- You have traveled outside of Canada in the past 14 days.
- You have been in close contact with someone who is symptomatic or has tested positive for COVID-19.