

Holiday Schedule: December 21 – January 3

Schedule Note: The Facility will close at 4:30 pm on December 24 and 31. The facility will be closed December 25–26 and January 1 for the Statutory holidays.

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:30a – 8:00a	6:30a – 8:00a *8:00a – 9:00a*	6:30a – 8:00a	6:30a – 8:00a *8:00a – 9:00a*	6:30a – 8:00a		
Lap & Leisure Swim	9:00a –12:00p 4:00p – 6:00p	9:00a –12:00p 4:00p – 6:00p	9:00a –12:00p 4:00p – 6:00p	9:00a –12:00p 4:00p – 6:00p	9:00a –12:00p 4:00p – 6:00p	9:45a – 12:00p	9:45a – 12:00p
Public Swim	12:00p – 4:00p 6:00p – 9:00p	12:00p – 4:00p 6:00p – 9:00p	12:00p – 4:00p 6:00p – 9:00p	12:00p – 4:00p 6:00p – 9:00p	12:00p – 4:00p 6:00p – 9:00p	12:00p – 4:00p	12:00p – 4:00p
Aquafit	8:00a – 9:00a Shallow	8:00a – 9:00a Shallow	8:00a – 9:00a Shallow	8:00a – 9:00a Shallow	8:00a – 9:00a Shallow		
Hot Tub and Hot Rooms	6:30a – 9:00p	6:30a – 9:00p	6:30a – 9:00p	6:30a – 9:00p	6:30a – 9:00p	9:45a – 4:00p	9:45a – 4:00p
Fitness Centre	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	9:30a – 4:00p	9:30a – 4:00p

Schedule is subject to change. Please phone 250-828-3616 before arriving to confirm the daily operations.

- Please note – Early bird swim Monday to Friday from 6:30–7:30a
- *Limited to one lap lane during these times (no stationary swimming).
- Leisure swims do not include toys, climbing wall or diving board.
 - Zen Swim Zen Swim - Will resume January 7, 2025.
 - WACKY WEDNESDAYS – Will resume in January 2025.