

2023 Spring Break Schedule March 18–31

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Public Swim	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	11:00a-1:00p 2:00p-4:00p 6:30p-9:00p	12:30p-4:00p	12:30p-4:00p
Lap Swim	5:30a-6:30a 8:00a-9:00a 1:00p-2:00p	5:30a-6:30a 8:00a-9:00a 1:00p-2:00p	5:30a-6:30a 8:00a-9:00a 1:00p-2:00p	5:30a-6:30a 8:00a-9:00a 1:00p-2:00p	5:30a-6:30a 8:00a-9:00a 1:00p-2:00p			
Leisure Swim	9:00a-11:00a	9:00a-11:00a	9:00a-11:00a	9:00a-11:00a	9:00a-11:00a			
Lap and Leisure	6:30a-8:00a 4:00p-6:30p	6:30a-8:00a 4:00p-6:30p	6:30a-8:00a 4:00p-6:30p	6:30a-8:00a 4:00p-6:30p	6:30a-8:00a 4:00p-6:30p	9:30a-12:30p	9:30a-12:30p	
Aquafit	8:00a-9:00a	8:00a-9:00a	8:00a-9:00a	8:00a-9:00a	8:00a-9:00a			
Hot Tub and Hot Rooms	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	9:30a-4:00p	9:30a-4:00p	
Fitness Centre	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	5:30a-9:00p	9:30a-4:00p	9:30a-4:00p	

*Swimming schedules are subject to change without notice.

Please Note:

- Westsyde Pool will be shut down for annual maintenance April 1– 21, 2023
- Evening Aquafit or Parent and Baby Aquafit will not be available during Spring Break
- During Leisure Swim, children and families are welcome; toys and attractions will not be open.

Admission Policy

- Children 6 years of age or under must always be accompanied in the water and be within arm's reach of a parent or other person 16 years of age or older. Ratio of children 6 years or under to parent/guardian must be no greater than 3:1.