

Westside Pool & Fitness Centre

2019 Winter Schedule

Effective: January 7 – March 15, 2019



Canada's Tournament Capital

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim	6:15p-8:00p	6:00p-8:00p	6:15p-8:00p	6:00p-8:00p		1:00p-4:00p	1:00p-4:00p
Lap & Leisure Swim	9:30a-11:30a 8:00p-9:00p	9:30a-11:30a 8:00p-9:00p	9:30a-11:30a 8:00p-9:00p	9:30a-11:30a 8:00p-9:00p	9:30a-11:30a	9:30a-1:00p	9:30a-1:00p
Lap Swim	5:30a-9:30a 3:00-6:00p	5:30a-9:30a 3:00-6:00p	5:30a-9:30a 3:00-6:00p	5:30a-9:30a 3:00-6:00p	5:30a-9:30a 3:00-6:00p	9:30a-11:00a	9:30a-11:00a
Sauna, Steam Room & Hot Tub	5:30a-11:30a 3:00p-8:00p	5:30a-11:30a 3:00p-8:00p	5:30a-11:30a 3:00p-8:00p	5:30a-11:30a 3:00p-8:00p	5:30a-11:30a 3:00p-6:30p	9:30a-4:00p	9:30a-4:00p
L8 Nite Pool Party	<i>L8 Nite, Low Lights, Loud Music, Bring your friends!</i>				6:30p-9:00p	<i>Ages 9-14 years</i>	
Aquafit Shallow	8:00a-9:00a 5:30p-6:15p		8:00a-9:00a 5:30p-6:15p		8:00a-9:00a 5:30p-6:15p		
Fitness Centre	5:30a-11:30a 3:00p-9:00p	5:30a-11:30a 3:00p-9:00p	5:30a-11:30a 3:00p-9:00p	5:30a-11:30a 3:00p-9:00p	5:30a-11:30a 3:00p-9:00p	9:30a-4:00p	9:30a-4:00p

*Swimming & Aquafit schedules are subject to change without notice. *Leisure Swim – children & families welcome. Toys and attractions will not be open.

Age	Single Admission	Punch Card (40 admissions)	One Month Pass
Child (4-13)	\$3.55	\$105.00	\$28.65
Youth (14-18)	\$4.15	\$126.00	\$34.00
Senior (60+)	\$4.15	\$126.00	\$34.00
Adult (19-59)	\$5.50	\$170.00	\$34.00
Family	\$3.55 ea (max \$14.35)	\$105.00 (1 punch ea)	72.00
Fitness Centre	\$4.15	\$126.00	\$35.30

Admission Policy

Children 6 years of age or under must always be accompanied in the water and be within arm's reach of a parent or other person 16 years of age or older. Ratio of children 6 years or under to parent/guardian must be no greater than 3:1

Facility Closures:

Family Day- Feb.18

Special Events:

Wacky Wednesday – last Wednesday each month - 6:15-8p

Pro-D Swim- Feb.8, Mar. 1 - 1:00-3:00 p

Family Day Literacy Swim-Jan.28, 6:00-8:00p-FREE

Special Rates

Lesson Rate: \$3.65 (when your child is in City lessons)

Early Bird: \$3.40, first hour, Mon-Fri only