



Shelter Resources

City of Kamloops



CANADIAN MENTAL HEALTH ASSOCIATION

Emerald Centre Emergency Shelter

250-372-3031 or emerald.hostel@cmha.bc.ca
271 Victoria Street West

Open 7 days per week, 365 days per year, 24 hours per day

A 55-bed, co-ed, low-barrier shelter for men and women experiencing homelessness, which offers:

- harm reduction supply distribution and education
- case management and referral to services, including housing placement and stability
- access to workshops that enhance the knowledge, resources, and support for individuals

THE MUSTARD SEED KAMLOOPS

Outreach Centre

250-434-9898 x120 or InfoKamloops@TheSeed.ca
181 Victoria Street West

Open 7 days per week, 365 days per year, 8:00 am–8:00 pm

A Christian organization whose mission is to alleviate poverty and homelessness through acceptance, empowerment, and practical solutions and that offers:

- referrals to resources, housing options, health services, and/or treatment options
- case management, advocacy, and referral to community services
- personal hygiene products and clothing
- public washroom and shower
- dental services Tuesday–Thursday, 9:00 am–4:00 pm
- health services Every 2nd Thursday, 9:00 am–12:00 pm
 Tuesdays, 1:00 pm–4:00 pm (by appt)
- registered nurse Tuesdays, 10:00 am–1:00 pm
- chapel service Daily, 11:30 am

Emergency Weather Shelter

Open 7 days per week, 9:00 pm–8:00 am, until April 1

A 30-mat, low-barrier shelter for men and women experiencing homelessness that includes all the services listed above.

VULNERABILITY ASSESSMENT TOOL (VAT)

The VAT helps provide a consistent and fair way of identifying adults who could most benefit from supportive housing, and different approaches to handling their cases. This tool can also help prevent people from falling through the cracks in the system by coordinating services among agencies.

People experiencing homelessness must have a completed VAT to be considered for placement in supportive housing. There are several agencies in Kamloops trained to administer the VAT:

- ASK Wellness
- Interior Health
- Elizabeth Fry Society
- John Howard Society
- The Mustard Seed Kamloops
- Canadian Mental Health Association - Kamloops
- Lii Michif Otipemisiwak Family and Community Services

