



Resources List

City of Kamloops



INTERIOR HEALTH

Alcohol and Drug Info: 1-800-663-1441

Public Health Street Nurses

250-318-4611 or 250-319-6783

Monday–Thursday 8:30 am–4:00 pm
Monday–Friday 8:30 am–4:30 pm

Drop-in Street Clinics

Tuesdays 10:00 am–12:00 pm
New Life Community, 181 Victoria Street West

Wednesdays 1:00 pm–3:00 pm
King Street Centre, 126 King Street

- Naloxone
- TB Skin Testing
- HIV/STI Testing
- immunizations
- links to resources
- harm reduction supplies/teaching
- pregnancy outreach
- basic wound care
- health promotion education

Supervised Consumption Site

Tuesday–Friday 12:00 pm–3:30 pm (RV)
Monday–Friday 8:30 am–4:30 pm (Red Door)
Closed 12:00–1:00 pm Daily

Behind ASK Wellness, 433 Tranquille Road

Tuesday–Friday 4:30 pm–7:00 pm
Saturday 11:30 am–7:30 pm
Beside Crossroads Inn, 569 Seymour Street

- harm reduction supply distribution and education
- needle disposal
- assessment and referral to services (methadone, suboxone, treatment options, housing)
- basic nursing care
- supervised consumption
- drug checking

Overdose Prevention Outreach Nurse

778-220-2184

- Naloxone training
- access to detox, suboxone, or methadone
- small wound care

OPIOID USE DISORDER RESOURCES

Opioid Agonist Therapy (OAT) Nurse

250-819-4775

- Naloxone training
- access to detox, suboxone, or methadone
- small wound care

Kamloops Addictions Clinic

#104-220 3rd Avenue
250-374-2345

Monday–Thursday 9:00 am–4:00 pm
Fridays 9:00 am–3:00 pm
Closed 12:00–1:00 pm daily

Interior Chemical Dependency Clinic

239 Lansdowne Street
778-471-6488

Monday–Thursday 9:00 am–4:00 pm
Fridays 9:00 am–2:00 pm
Closed 12:00–1:00 pm daily

Mental Health and Substance Use Services

235 Lansdowne Street
250-377-6500

Monday–Friday 8:30 am–5:00 pm

ASK WELLNESS

SHOP Outreach Program

To connect vulnerable street-involved women to resources, health services, housing options, and increased safety.

250-571-4370 or 250-320-1667

Street Outreach

To connect street-involved men and congregating groups to resources, housing options, health services, and/or treatment options.

250-851-5949 or 250-299-5038

Overdose Prevention

- harm reduction
- needle pick up
- Naloxone kits and training
- treatment options

778-257-1292 or ODP433@askwellness.ca



KAMLOOPS ABORIGINAL FRIENDSHIP SOCIETY



Resources List

City of Kamloops



THE MUSTARD SEED KAMLOOPS

181 Victoria Street
250-434-9898 or InfoKamloops@theseed.ca

Outreach Centre

Open 7 days per week, 365 days per year.
8:00 am–8:00 pm

- referrals to resources, housing options, health services, and/or treatment options
- case management, advocacy, and referral to services
- personal hygiene products and clothing
- meals, public washroom, shower

Temporary Winter Shelter

November 27, 2019–March 31, 2020
Open 7 days per week 8:00 pm–8:00 am

Low barrier shelter for men and women experiencing homelessness.

Dental Services

Tuesday–Thursday 9:00 am–4:00 pm
\$5.00 fee per appointment (not covered by ministry insurance)

Health Services

Tuesdays (by appointment only) 1:00 pm–4:00 pm
 Every 2nd Thursday 9:00 am–12:00 pm
 Street Nurses, Tuesdays 10:00 am–1:00 pm

VULNERABILITY ASSESSMENT TOOL (VAT)

The VAT helps provide a consistent and fair way of identifying adults who could most benefit from supportive housing, and different approaches to handling their cases.

People experiencing homelessness must have a completed VAT to be considered for placement in supportive housing.

Where can I get a VAT?

- ASK Wellness
- Interior Health
- Elizabeth Fry Society
- John Howard Society
- The Mustard Seed Kamloops
- Canadian Mental Health Association - Kamloops
- Lii Michif Otipemisiwak Family and Community Services

KAMLOOPS ABORIGINAL FRIENDSHIP SOCIETY

48 Victoria Street West
250-828-3869

Monday–Sunday 10:00 am–2:00 pm
Closed statutory holidays

- public washroom and shower *COMING SOON!*
- laundry facilities
- mail and mini-storage

No cost storage of belongings. One bin per person.
Clients must check in weekly.

CANADIAN MENTAL HEALTH ASSOCIATION

250-372-3031 or kamloops@cmha.bc.ca

Emerald Centre Homeless Shelter

271 Victoria Street West

Open 7 days per week, 365 days per year. Low barrier shelter for men and women experiencing homelessness.

- harm reduction supply distribution and education
- case management and referral to services, including housing placement and stability

INTERIOR COMMUNITY SERVICES

Youth Outreach

To connect street-entrenched youth to age-appropriate services and resources.

Kayla: 250-819-2630 Krista: 778-765-0639 Sara: 250-318-4385

PHOENIX CENTRE

922-3rd Avenue
250-374-4634 or ksad@phoenixcentre.org

Detox Centre

Operates 24 hours a day, seven days a week providing a medically safe program for adults to detox from alcohol and other drugs.

Raven Program

Providing alcohol and other drug counselling and additional services to young people under 25 years of age and their families.

Osprey Place

Committed to supporting youth in developing a healthy and holistic approach to living.



KAMLOOPS ABORIGINAL FRIENDSHIP SOCIETY