

Make your own Tournament Capital Centre Fieldhouse Experience Book!

Materials Needed:

Scissors (ask for an adult's help)

Stapler or Hole Punch

Ribbon, Yarn, String, or Metal Fasteners (if using hole punch)

How to Create Your Book:

1. Download and print the TCC Experience Book.pdf file. It is 6 pages.
2. With an adult's help, cut along the dotted lines on each page.
3. Once all of the pages are cut, you will have 15 pages of equal size.
4. The cover page is called "My visit to the Tournament Capital Centre Fieldhouse". Arrange the other pages by page number 1 to 14.
5. Fasten the pages together by stapling or by using a hole punch and adding a ribbon, yarn, string, or metal fastener.

We look forward to seeing you
at the Tournament Capital Centre!



Canada's Tournament Capital

My visit to the
Tournament Capital Centre
Fieldhouse



I am going to the Tournament Capital Centre!

I am going to have lots of fun!

What kind of fun things will I get to do?

Page 1



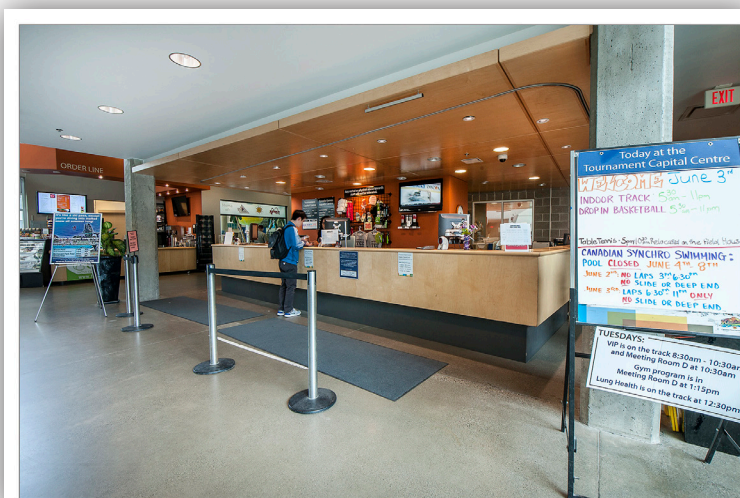
The Tournament Capital Centre is very big.

Lots of people visit it every day.

The people may be excited and loud. That is okay!

If it is too loud, I can cover my ears.

Page 2



When I arrive at the Tournament Capital Centre, I will have to wait my turn to go in.

Page 3



When I get to the front of the line, a friendly person will put a wristband on my arm so I can go in.

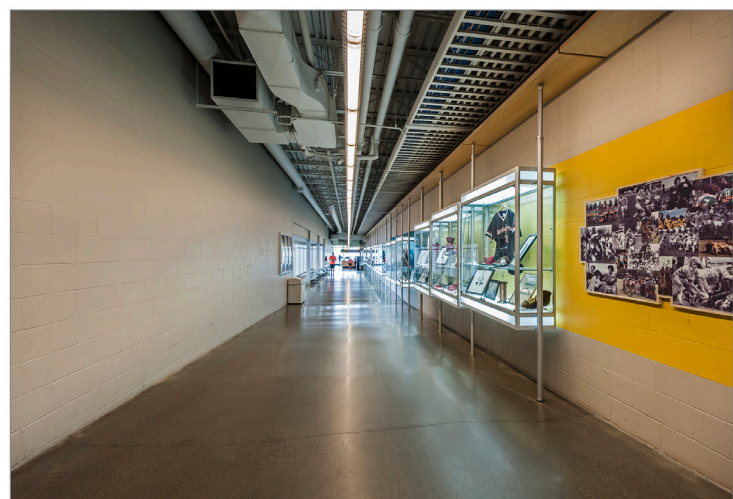
Page 4



There are lots of lockers, so I can put my things in them.

My things will be safe while I go and have fun!

Page 5



I get to walk down a long hallway.

I can look at lots of fun sports stuff!

I will remember not to run in the hallway.

Page 6



Look at the big fun space I can play in!

Remember to look both ways before crossing the blue track.

RUN! JUMP! HAVE FUN!!

Page 7



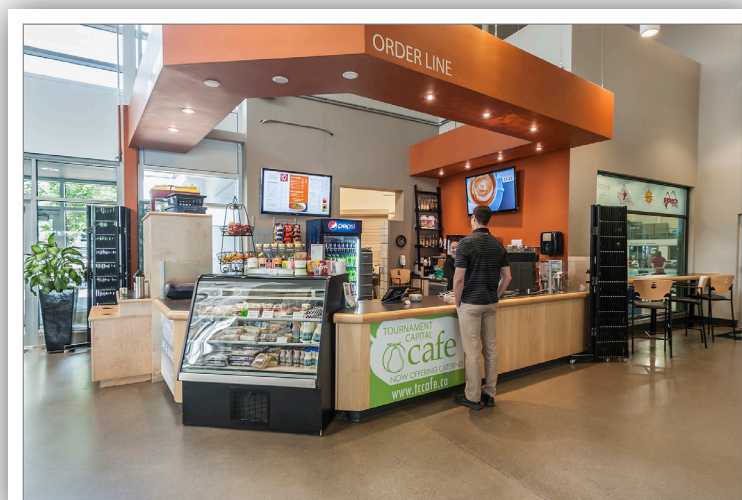
I looked both ways before crossing the blue track.

Now I'm in the middle.

I can run or play with a ball - I can do lots of things!

Remember to look out for other people playing too.

Page 8

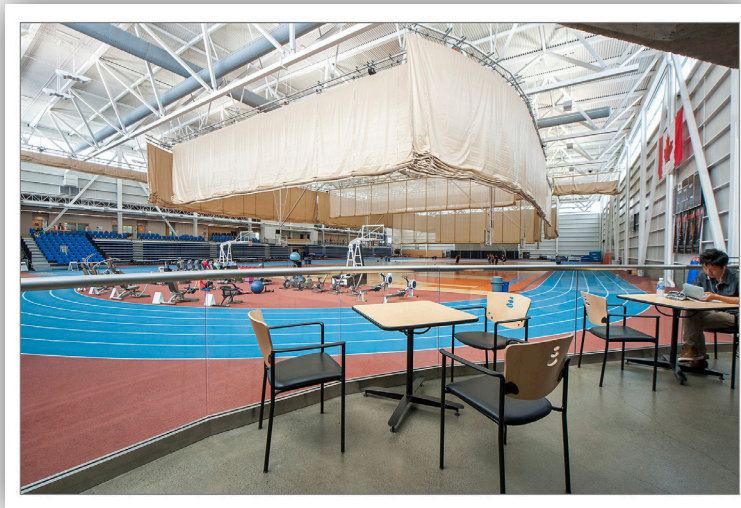


If I am hungry while I am at the Tournament Capital Centre, I can ask for a snack.

There is a café where I can buy food.

I have to line up and wait my turn to pick my food and pay for it.

Page 9



I can eat my food at the tables nearby.

There may be other people sitting close by who are eating too.

While I'm eating, I can watch everyone playing on the track!

Page 10



I am finished my visit to the Tournament Capital Centre Fieldhouse. I had lots of fun!

I can tell everyone about my favourite part of the Tournament Capital Centre.

Maybe I can come back soon!

Page 11

Come back soon!



Canada's Tournament Capital

Page 12