

2026 SOLID WASTE COLLECTION SCHEDULE

Garbage and recycling are collected every other week on an alternating basis. Organics is collected weekly.

JANUARY 2026						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2026						
S	M	T	W	T	F	S
			1	2	3	4
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH 2026						
S	M	T	W	T	F	S
			1	2	3	4
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

APRIL 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2026						
S	M	T	W	T	F	S
			1	2		
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	31					

JUNE 2026						
S	M	T	W	T	F	S
			1	2	3	4
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST 2026						
S	M	T	W	T	F	S
			1			
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

SEPTEMBER 2026						
S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

OCTOBER 2026						
S	M	T	W	T	F	S
			1	2	3	4
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

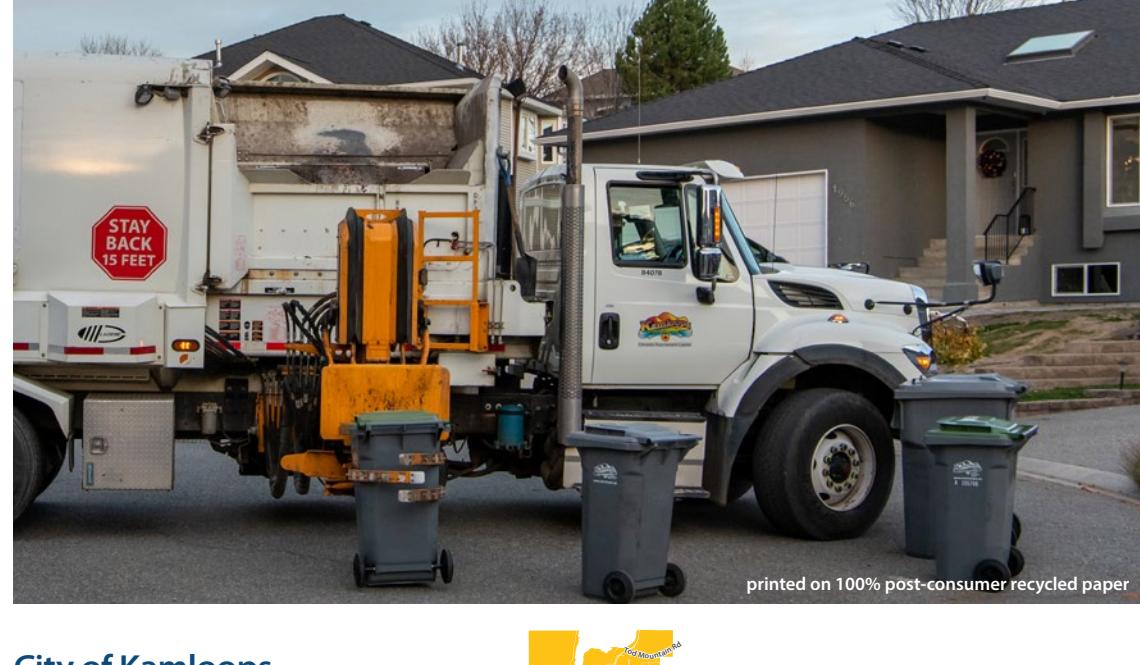
NOVEMBER 2026						
S	M	T	W	T	F	S
			1	2	3	4
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER 2026						
S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

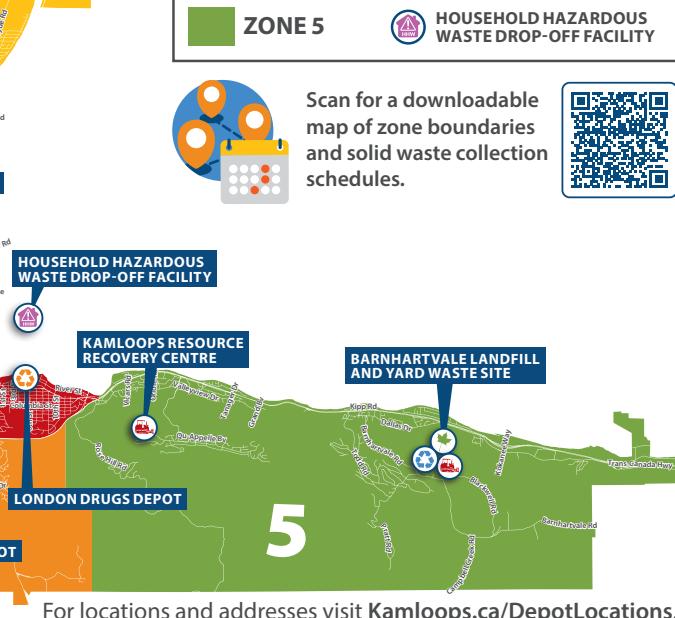


Find your zone's full collection schedule at Kamloops.ca/CollectionSchedules or on the Waste Wise app.

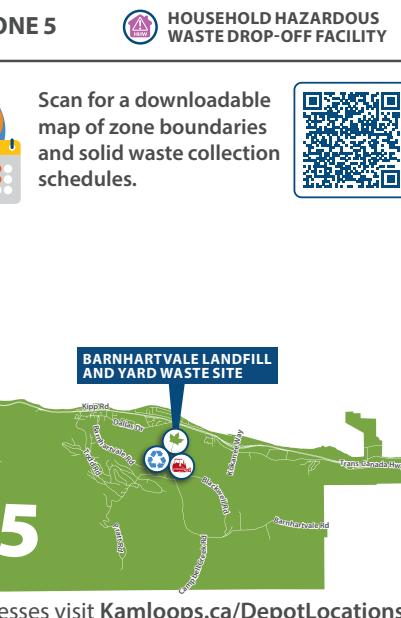
COLLECTION SCHEDULE LEGEND



Scan for a downloadable map of zone boundaries and solid waste collection schedules.



For locations and addresses visit Kamloops.ca/DepotLocations.



Accepted in Organics

All Food, Raw and Cooked



fruits, vegetables



meat, bones,
seafood, shells



eggs, shells



Cheese, sour
cream, dairy
products



bread, grains



pastries



plate scrapings



cooking oils, fats

Food-Soiled Paper



greasy pizza
boxes



paper towel,
napkins, and
tissues



coffee grounds,
filters, tea bags



food scraps in
newspaper

Yard Waste

- ✓ grass clippings, leaves, cones, needles, berries
- ✓ plants, tree fruits, flowers
- ✓ small branches, twigs, prunings cut to 30 cm long/2 cm diameter
- ✓ potting soil, untreated mulch
- ✓ hay, straw, coconut planter liners

Other

- ✓ bedding from small animal cages
- ✓ pet fur, hair, feathers
- ✓ pet food, treats
- ✓ wood shavings
- ✓ popsicle sticks, chopsticks, toothpicks, skewers

Other

- ✓ caps, tops, lids, and pumps
- ✓ plastic packaging for toys, batteries, etc. (separate from paper backing, recycle both parts)
- ✓ spiral wound cans and lids for frozen juice concentrate, chips, etc.
- ✓ disposable plastic hangers that come with clothing

Not Accepted

These Items Can Go to a Recycling Drop-Off Site

See Recycling Drop-off Information page in this guide for disposal options.



plastic bags,
plates, cutlery



clothing, textiles



diapers, hygiene
products



animal waste

✗ food or beverage packaging

✗ Styrofoam cups or containers

✗ twist ties, elastic bands

✗ rocks, dirt



hard cover and
soft cover books



clothing, textiles,
fabric



Toys, games, plastic
household items



appliances,
electronics



foam packaging



scrap metal



glass



flexible plastics

For a full list of what's accepted in recycling, visit Kamloops.ca/ResidentialRecycling.

For a full list of what's accepted in organics, visit Kamloops.ca/Organics.

Accepted in Recycling

Place These Items Loose in Your Recycling Bin or Cart



cardboard
boxes



magazines,
catalogues, and
phone books



shredded paper
(in paper bags or
cardboard boxes)



newspapers,
flyers, and
household paper



plastic or paper trays,
clam shells, take-out
cups, bowls, and lids



foil wrap, take-
out containers,
and metal cans



paper bags



paper egg
cartons and
moulded paper



cartons for soup,
milk, etc.



plastic garden pots,
seedling trays

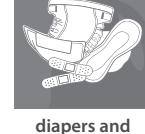


plastic bottles,
jars, and jugs



aerosol cans
(MUST be empty)

Accepted in Garbage



diapers and
hygiene products



plastic squeeze
tubes



heavily soiled
textiles



broken glass and
ceramics

Other

- ✓ compostable or biodegradable plastics (cutlery, straws, cups, etc.)
- ✓ window glass and mirrors
- ✓ ceramic products
- ✓ blue or pink foam insulation and packing chips/peanuts
- ✓ foam noodles/peanuts
- ✓ non-paper gift wrap, cellophane, and foil wrapping paper
- ✓ padded envelopes
- ✓ bags and boxes with plastic or foil lining
- ✓ plastic strapping (zip straps, zip ties) and 6-pack rings
- ✓ deodorant and glue sticks
- ✓ furnace filters
- ✓ rubber bands, ribbons, and bows
- ✓ PVC or vinyl
- ✓ drinking glasses and dishes
- ✓ animal waste

Hazardous Waste

Do NOT place in recycling or garbage carts



propane canisters
and compressed gas



medical sharps



products with
precautionary
warnings or symbols



automotive oil, oil
filters, antifreeze,
and lubricants



household
batteries



automotive
batteries



paint



devices containing
batteries

- ✓ aerosol containers with ANY contents remaining
- ✓ bleach/ammonia/household cleaners
- ✓ bear spray
- ✓ sealants/caulking
- ✓ fertilizers
- ✓ pesticides/bug repellent
- ✓ hot tub and pool chemicals



To look up where to drop off hazardous materials, visit Kamloops.ca/HazardousWaste or use the Waste Wise app to look up what goes where.

For a full list of what's NOT accepted in garbage, visit Kamloops.ca/ResidentialGarbage.

Help Us Serve You Better



Place carts at the curb by 7:00 am on collection day.



During Bear Smart season (Apr 1–Nov 30), set carts out after 4:00 am and properly manage bear attractants (Bylaw No. 40-67).



Cart lids must be completely closed for pickup.



Break boxes into newspaper-sized pieces so they can fall loosely from carts into collection trucks.



Carts must be kept clean.



Secure all carts on private property on non-collection days.



Place carts in a safe location for collection, away from overhead obstacles (trees, basketball hoops, balconies), fences, and parked vehicles.



In the winter, place carts on the road side of snow piles and windrows.



Help improve collection efficiency. Set garbage and recycling carts out for collection when they are at least half full.



Place organics cart out every collection day, no matter the amount of material.

Moving?

Carts are registered with the property address, so please **do not** take them with you when you move. Cart change requests can only be made by registered homeowners by calling 250-828-3461.



Important Information

Bear-Resistant Solid Waste Carts



- Optional program
- Available for garbage and organics carts
- \$20 more per cart per year

Learn more at Kamloops.ca/BearSmart

Dual Pass Collection

In dual pass collection, one truck collects one type of material and a second truck collects a different type of material, as opposed to a single truck collecting two types of material separated with a divider.

Your organics and recycling or garbage will be collected on the same day (see your zone's collection schedule), but they may be collected at different times.

Carts Not Collected?

Waste may not be collected if:

- material is not contained and the lid is not closed
- carts are inaccessible or spaced improperly
- carts contain unaccepted material



Carts **MUST** be placed out by 7:00 am on collection day. Operators will not return to pick up carts not placed at the curb on time.



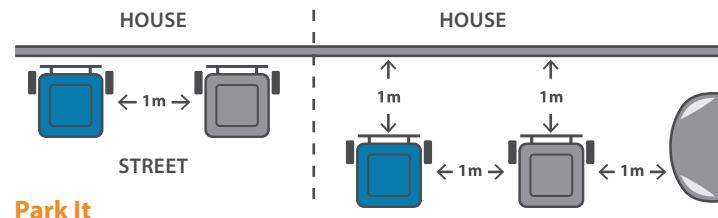
What? Where? When? Waste Wise.



Never miss a collection day! Download the free Waste Wise Kamloops app and set up collection notifications.

Take the guesswork out of recycling! Use the Waste Wizard in the Waste Wise app to look up where hundreds of items go and whether they belong in the recycling, organics, or garbage cart or are accepted at a specified recycling depot.

Proper Cart Placement



Park It

- wheels against the curb or just off the roadway
- front of cart facing the street
- arm's length distance between carts

Space It

When there is a parked vehicle, give at least an arm's length distance from the vehicle and curb.

To report an issue with your carts, call Civic Operations at **250-828-3461**.



