

Community and Culture Services – Job Opportunity Fitness Class Instructor

At the City of Kamloops, we believe in progressive and barrier-free recruitment for everybody every day. This means employment opportunities for all in a safe, inclusive and diverse workplace. We know our city is stronger when we hire qualified individuals from different backgrounds with diverse experiences, cultures, and perspectives.

We are focused on creating the highest levels of service excellence, based on an organization-wide community culture that celebrates our employees who make it all happen. We are known as Canada's Tournament Capital and are famous for our hospitality and community spirit, traits that make us a leader! Recreation, sports, arts and culture, health care, social activities, volunteerism, and affordable housing all meld to form a unique blend of big-city amenities with small-town ambiance. This is Kamloops!

Let's Make Kamloops Shine! Join our team today.

Position Overview:

Fitness class instructors are tasked with running fitness classes and building connections throughout the community. Successful candidates must be comfortable leading a group through exercise, know how to modify the class for various levels of ability, and provide first aid when needed. Term employees are also expected to establish and maintain good communications with City of Kamloops staff, the public, submit required documents upon request, as well as actively participate in staff meetings. Staff are expected to be certified and able to work within your scope of practice while providing patrons with a high-quality service. All positions report to the Healthy Living and Wellness Coordinator.

Pay Rates:

General Fitness Class: \$31.20
Specialty Fitness Class \$41.60
Hours: part-time, on-call

Days and Location:

We are looking for group fitness instructors to lead the following classes:
Gentle Circuit from 9-10am on Monday, Wednesday, and Friday at the TCC.
Low Intensity Circuit from 1:30-2:30 on Monday and Friday at Westsyde pool & Fitness Centre.

Illustrative Examples of Work

- Check in preregistered participants.
- Assess patrons ability.
- Ensure patrons follow rules and expectations of city fitness programs.
- Be attentive to patrons for safety.
- Address and handle customer questions and complaints.

Required Skills, Abilities, and Knowledge

- Minimum of 16 years of age
- Experience facilitating fitness classes.
- Proficient and confident leading a group through a fitness routine.
- Excellent customer service skills
- Knowledge of Microsoft Office (specifically MS word and Excel) and ability to use email.
- Comfort working independently or without direct supervision.

Required Licenses, Certificates, Etc.

- Police Information Check (vulnerable sector check).
- Valid First Aid/CPR/AED certification.
- Valid certification in chosen speciality.

The City of Kamloops thanks all applicants for their interest; however, only those selected for an interview will be contacted.

Deadline: As soon as possible/until positions filled

Please submit your resume, cover letter, and three professional references to:
Kadin Collinge-Salituro, Healthy Living and Wellness
Coordinator kcollinge-salituro@kamloops.ca