

Canada Games Aquatic Centre



Canada's Tournament Capital

2025 Fall Schedule: September 8 – November 1

Revised October 7th 2025

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:00am– 3:30pm Limited lap lanes 8:00am–9:00am 3:30–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 7:30pm–9:00pm	6:00am– 3:30pm Limited lap lanes 8:00am–9:00am 3:30–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 7:30pm–9:00pm	6:00am–4:00 pm 6:30pm–9:00pm	9:00am–8:00pm	7:00am–8:00pm
Leisure Pool	6:00am–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–3:30pm 6:30pm–9:00pm	7:00am–8:00pm Limited admission 8:30am–12:30pm 4:00pm–6:00pm	7:00am–8:00pm Limited admission 8:30am–12:30pm 4:00pm–6:00pm
Hot Tub	6:00am–8:00am 9:00am–5:00pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–8:00am 9:00am–5:00pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–8:00am 9:00am–3:30pm 6:30pm–9:00pm	7:00am–8:00pm	7:00am–8:00pm
Sauna & Steam Room	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	7:00am–8:00pm	7:00am–8:00pm
Water Slide	3:00–5:00pm 7:30pm–9:00pm	7:00pm–9:00pm	3:00–5:00pm 7:30pm–9:00pm	7:00pm–9:00pm	11:00–12:00pm 6:30pm–9:00pm	1:00pm–4:00pm 6:00pm–8:00pm	1:00pm–4:00pm 6:00pm–8:00pm
Public Swim (Deep End, Diving Boards, Waterslide)	7:30pm–9:00pm	7:30pm–9:00pm	7:30pm–9:00pm	7:30pm–9:00pm	6:30pm–9:00pm	1:00pm–3:50pm WIBIT Swim 6:00pm–8:00pm	1:00pm–3:50pm 6:00pm–8:00pm
Aquafit (Registered class)	8:00am–9:00am (Deepwater)		8:00am–9:00am (Deepwater)		8:00am–9:00am (Deepwater)		

Special Rates available Monday to Friday:

Early Bird swim from 6:00 am –7:00 am and Liquid Lunch is from 11:30 am–12:30 pm

Schedule is subject to change, please view [Kamloops.ca/Swim](https://kamloops.ca/Swim) for updates.

Bulkhead Moves

Lap swim lanes will be temporary unavailable during bulkhead moves on the following days and times:

- Saturday from 8:30–9:00 am
- Monday, Wednesday, Friday morning swims will now be short course

Aquafit

- Aquafit registration opens each Friday at 10:00 am for the following week
- There is a maximum capacity for the class and anyone not registered will be unable to attend

Limited Admission for the Leisure Pool

There will be a maximum of 40 spots available for the leisure pool during swim lesson times this is on a first come basis on the following days and times:

- Saturday & Sunday from 8:30 am-12:30 pm and 4:00 pm-6:00 pm

Upcoming Events:

- September 30 National Day for Truth and Reconciliation Statutory Holiday Closed
- October 13 Thanksgiving Statutory Holiday Closed
- October 17-19 Water Polo
- ~~October 24th Pro D Swim~~ – CANCELLED Limited leisure pool admissions from 8:30 am-12:00 pm.
- November 11 Remembrance Day Statutory Holiday Closed
- November 22 Staff Training **Facility Closed**
- December 1 Pro D Swim
- December 11-14 Annual MJB Classic Swim Meet