



Canada's Tournament Capital

Join the team, be a Lifeguard!



Build the Foundation for Success!



Lifeguards prevent drowning, teach water safety, and provide leadership in our community.

Want help planning your lifeguard training?

Consult one of our Aquatics Coordinators at swim@kamloops.ca or 250-828-3378.

Optional Training: Occupational First Aid Level 1, Pool Operator Level 1, Lifesaving Instructor, WHMIS Certificate, and Aquatic Fitness Instructor

We Recommend This Path

- 1 **Bronze courses** develop lifesaving fitness and decision-making skills.
- 2 **Standard First Aid** provides practical skills to handle emergency response situations.
- 3 **National Lifeguard** promotes prevention of drowning and aquatic-related injuries.
- 4 **Instructor Training** prepares you to teach swimming lessons and lifesaving skills.



Lifeguard!

Swim for Life Instructor
15 years, Bronze Cross

National Lifeguard
15 years, Bronze Cross, SFA

Standard First Aid
15 years

Bronze Cross
Bronze Medallion

Bronze Medallion
13 years or Bronze Star

Start Here!

For current career opportunities, visit Kamloops.ca/HR.