



# Weekday Swim Lesson Schedule

Westsyde Pool & Fitness Centre

Schedules can be found at [Kamloops.ca/Swim](http://Kamloops.ca/Swim) or picked up at the Tournament Capital Centre or Westsyde Pool and Fitness Centre.

Registration will be available at [Kamloops.ca/Register](http://Kamloops.ca/Register) on December 13 at 6:30 am.

Date	Mon/Wed Jan 9 – Feb 8	Mon/Wed Feb 13 – March 15
<b>Parent and Tots: Ages 4–36 Months</b>		
Jellyfish	6:00 pm	
Goldfish		
Seahorse		
<b>Preschool: Ages 3–5 Years</b>		
Octopus	4:00 pm, 4:30 pm	4:00 pm
Crab	4:00 pm	4:00 pm, 4:30 pm
Orca	4:30 pm	4:30 pm
Sea Lion	5:30 pm	5:30 pm
Narwhal	5:00 pm	5:00 pm
Private		
<b>Swimmer Lessons: Ages 6–14 Years</b>		
Swimmer 1	5:00 pm	5:00 pm
Swimmer 2	5:30 pm	
Swimmer 3		6:00 pm
Swimmer 4		5:30 pm
Swimmer 5		
Swimmer 6		
Swimmer 7 / Rookie Patrol		
Private		
<b>Adult Lessons and Other Programs</b>		
Teen/Adult Lessons		
Private		

\*Schedules subject to change based on registration.

This schedule was posted on December 1, 2022.