



# Weekday Swim Lesson Schedule

Canada Games Aquatics Centre

Schedules can be found at [Kamloops.ca/Swim](http://Kamloops.ca/Swim) or picked up at the Tournament Capital Centre or Westsyde Pool and Fitness Centre.

Registration will be available at [Kamloops.ca/Register](http://Kamloops.ca/Register) on December 13 at 6:30 am.

Date	Mon/Wed Jan 9 – Feb 8	Tue/Thu Jan 10 – Feb 9
<b>Parent &amp; Tot – Ages 4–36 Months</b>		
<b>Jellyfish</b>	9:00 am	10:30 am
<b>Goldfish</b>	8:30 am	10:00 am
<b>Seahorse</b>	10:00 am	8:30 am
<b>Preschool – Ages 3–5 Years</b>		
<b>Octopus</b>	9:30 am, 5:30 pm	9:00 am, 3:00 pm, 6:00 pm
<b>Crab</b>	10:30 am, 5:30 pm	9:30 am, 3:00 pm, 4:30 pm
<b>Orca</b>	6:00 pm	3:30 pm, 5:00 pm
<b>Sea Lion</b>	6:00 pm	3:30 pm, 5:00 pm
<b>Narwhal</b>	6:30 pm	4:00 pm, 5:30 pm
<b>Private</b>		
<b>Swimmer – Ages 6–14 Years</b>		
<b>Swimmer 1</b>	5:00 pm	3:30 pm, 4:00 pm, 4:30 pm
<b>Swimmer 2</b>	5:00 pm	4:00 pm, 6:00 pm
<b>Swimmer 3</b>	6:30 pm	4:00 pm
<b>Swimmer 4</b>	5:30 pm	4:30 pm
<b>Swimmer 5</b>	6:00 pm	4:30 pm
<b>Swimmer 6</b>	6:45 pm	5:15 pm
<b>Swimmer 7 / Rookie Patrol</b>		5:00 pm
<b>Private</b>		
<b>Teen &amp; Adult Lessons</b>		
<b>Teen/Adult Lessons</b>	7:00 pm	6:00 pm, 6:30 pm
<b>Private</b>		7:00 pm

\*Schedules subject to change based on registration.

This schedule was posted on December 2, 2022.