



# Weekday Swim Lesson Schedule

Canada Games Aquatics Centre

Schedules can be found at [Kamloops.ca/Swim](http://Kamloops.ca/Swim) or picked up at the Tournament Capital Centre or Westsyde Pool and Fitness Centre.

Registration will be available at [Kamloops.ca/Register](http://Kamloops.ca/Register) on December 13 at 6:30 am.

Date	Mon/Wed Feb 13 – Mar 15	Tue/Thu Feb 14 – Mar 16
<b>Parent &amp; Tot – Ages 4–36 Months</b>		
Jellyfish	10:00 am	9:30 am
Goldfish	9:00 am	8:30 am
Seahorse	8:30 am	10:30 am
<b>Preschool – Ages 3–5 Years</b>		
Octopus	9:30 am, 5:00 pm	10:00 am, 3:30 pm, 4:00 pm, 5:30 pm
Crab	10:30 am, 5:00 pm	9:00 am, 3:30 pm, 4:00 pm, 5:00 pm
Orca	6:30 pm	3:00 pm, 5:00 pm, 5:30 pm
Sea Lion	6:30 pm	3:00 pm, 4:30 pm
Narwhal	6:00 pm	4:00 pm
Private		
<b>Swimmer – Ages 6–14 Years</b>		
Swimmer 1	5:30 pm	3:30 pm, 4:30 pm, 5:00 pm
Swimmer 2	5:30 pm	4:00 pm, 6:00 pm
Swimmer 3	6:00 pm	4:30 pm
Swimmer 4	5:30 pm	4:30 pm
Swimmer 5		5:30 pm
Swimmer 6	6:30 pm	6:15 pm
Swimmer 7 / Rookie Patrol		5:00 pm
Private		7:00 pm
<b>Teen &amp; Adult Lessons</b>		
Teen/Adult Lessons	6:00 pm, 7:00 pm	6:00 pm, 6:30 pm
Private		

\*Schedules subject to change based on registration.

This schedule was posted on December 2, 2022.