

2025/26 Christmas Schedule: December 20 – January 2, 2026

Schedule Note: The Facility will be closed on the following dates: December 25, 26, & January 1
The Facility will close at 4:30pm on December 24th & 31st

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:30a – 8:00a	6:30a – 9:00a *7:00p – 8:00p*	6:30a – 8:00a	6:30a – 9:00a *7:00p – 8:00p*	6:30a – 8:00a		
Lap & Leisure Swim	9:00a – 12:00p 4:00p – 6:30p	9:00a – 12:00p 4:00p – 7:00p	9:00a – 12:00p 4:00p – 6:30p	9:00a – 12:00p 4:00p – 7:00p	9:00a – 12:00p 4:00p – 6:30p	9:45a – 12:00p	9:45a – 12:00p
Public Swim	12:00p – 4:00p 6:30p – 9:00p	12:00p – 4:00p	12:00p – 4:00p 6:30p – 9:00p	12:00p – 4:00p	12:00p – 4:00p 6:30p – 9:00p	12:00p – 4:00p	12:00p – 4:00p
Aquafit	8:00a – 9:00a Shallow	7:00p – 8:00p Shallow	8:00a – 9:00a Shallow	7:00p – 8:00p Shallow	8:00a – 9:00a Shallow		
Zen Swim		8:00p – 9:00p		8:00p – 9:00p			
Hot Tub and Hot Rooms	6:30a – 8:00a 9:00a – 9:00p	6:30a – 9:00p	6:30a – 8:00a 9:00a – 9:00p	6:30a – 9:00p	6:30a – 8:00a 9:00a – 9:00p	9:45a – 4:00p	9:45a – 4:00p
Fitness Centre	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	6:00a – 9:00p	9:30a – 4:00p	9:30a – 4:00p

Schedule is subject to change. Please phone 250-828-3616 before arriving to confirm the daily operations.

- Please note – Early bird swim Monday to Friday from 6:30–7:30a
- *Limited to one lap lane during these times (no stationary swimming).
- Leisure swims do not include toys, climbing wall or diving board.
- December 31st Wacky Wednesday – Will be during our 1-4 Public Swim