

# Canada Games Aquatic Centre



Canada's Tournament Capital

## 2025 Fall Schedule: November 2<sup>nd</sup> – 30<sup>th</sup>

Revised October 30, 2025

| Feature                                                                                                                              | Monday                                                                                                     | Tuesday                        | Wednesday                                                                                                  | Thursday                       | Friday                                          | Saturday                                                                                   | Sunday                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| <b>Lap Swim</b>                                                                                                                      | 6:00am– 3:30pm<br><b>Limited lap lanes</b><br><b>8:00am–9:00am</b><br><b>3:30–5:00 pm</b><br>7:30pm–9:00pm | 6:00am–3:30pm<br>7:30pm–9:00pm | 6:00am– 3:30pm<br><b>Limited lap lanes</b><br><b>8:00am–9:00am</b><br><b>3:30–5:00 pm</b><br>7:30pm–9:00pm | 6:00am–3:30pm<br>7:30pm–9:00pm | 6:00am–4:00 pm<br>6:30pm–9:00pm                 | 9:00am–8:00pm                                                                              | 7:00am–8:00pm                                                                              |
| <b>Leisure Pool</b>                                                                                                                  | 6:00am–5:00 pm<br>7:30pm–9:00pm                                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–5:00 pm<br>7:30pm–9:00pm                                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–3:30pm<br>6:30pm–9:00pm                  | 7:00am–8:00pm<br><b>Limited admission</b><br><b>8:30am–12:30pm</b><br><b>4:00pm–6:00pm</b> | 7:00am–8:00pm<br><b>Limited admission</b><br><b>8:30am–12:30pm</b><br><b>4:00pm–6:00pm</b> |
| <b>Hot Tub</b>                                                                                                                       | 6:00am–8:00am<br>9:00am–5:00pm<br>7:30pm–9:00pm                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–8:00am<br>9:00am–5:00pm<br>7:30pm–9:00pm                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–8:00am<br>9:00am–3:30pm<br>6:30pm–9:00pm | 7:00am–8:00pm                                                                              | 7:00am–8:00pm                                                                              |
| <b>Sauna &amp; Steam Room</b>                                                                                                        | 6:00am–9:00pm                                                                                              | 6:00am–9:00pm                  | 6:00am–9:00pm                                                                                              | 6:00am–9:00pm                  | 6:00am–9:00pm                                   | 7:00am–8:00pm                                                                              | 7:00am–8:00pm                                                                              |
| <b>Water Slide</b>                                                                                                                   | 3:00–5:00pm<br>7:30pm–9:00pm                                                                               | 7:00pm–9:00pm                  | 3:00–5:00pm<br>7:30pm–9:00pm                                                                               | 7:00pm–9:00pm                  | 11:00–12:00pm<br>6:30pm–9:00pm                  | 1:00pm–4:00pm<br>6:00pm–8:00pm                                                             | 1:00pm–4:00pm<br>6:00pm–8:00pm                                                             |
| <b>Public Swim</b><br>(Deep End,<br>Diving Boards,<br>Waterslide)                                                                    | 7:30pm–9:00pm                                                                                              | 7:30pm–9:00pm                  | 7:30pm–9:00pm                                                                                              | 7:30pm–9:00pm                  | 6:30pm–9:00pm                                   | <b>1:00pm–3:50pm</b><br><b>WIBIT Swim</b><br>6:00pm–8:00pm                                 | 1:00pm–3:50pm<br>6:00pm–8:00pm                                                             |
| <b>Aquafit</b><br>(Registered class)                                                                                                 | 8:00am–9:00am<br>(Deepwater)                                                                               |                                | 8:00am–9:00am<br>(Deepwater)                                                                               |                                | 8:00am–9:00am<br>(Deepwater)                    |                                                                                            |                                                                                            |
| <b>Special Rates available Monday to Friday:</b><br>Early Bird swim from 6:00 am –7:00 am and Liquid Lunch is from 11:30 am–12:30 pm |                                                                                                            |                                |                                                                                                            |                                |                                                 |                                                                                            |                                                                                            |

Schedule is subject to change, please view [Kamloops.ca/Swim](https://kamloops.ca/Swim) for updates.

## Bulkhead Moves

Lap swim lanes will be temporary unavailable during bulkhead moves on the following days and times:

- Saturday from 8:30–9:00 am
- Monday, Wednesday, Friday morning swims will now be short course

## Aquafit

- Aquafit registration opens each Friday at 10:00 am for the following week
- There is a maximum capacity for the class and anyone not registered will be unable to attend

## Limited Admission for the Leisure Pool

There will be a maximum of 40 spots available for the leisure pool during swim lesson times this is on a first come basis on the following days and times:

- Saturday & Sunday from 8:30 am-12:30 pm and 4:00 pm-6:00 pm

## Upcoming Events:

- November 11 Remembrance Day Statutory Holiday Closed
- November 22 Staff Training **Facility Closed**
- December 1 Pro D Swim
- December 11-14 Annual MJB Classic Swim Meet