

# Westside Pool & Fitness Centre

## 2019 Fall Schedule

Effective: September 3 – December 22, 2019



Canada's Tournament Capital

| Feature                                | Monday   | Tuesday                     | Wednesday                   | Thursday                    | Friday                      | Saturday        | Sunday       |
|--|--|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------|--------------|
| <b>Public Swim</b>                     | 6:00p-8:00p  | 6:00p-8:00p                 | 6:00p-8:00p                 | 6:00p-8:00p                 |                             | 1:00p-4:00p     | 1:00p-4:00p  |
| <b>Lap &amp; Leisure Swim</b>          | 9:30a-11:30a<br>8:00p-9:00p                          | 9:30a-11:30a<br>8:00p-9:00p | 9:30a-11:30a<br>8:00p-9:00p | 9:30a-11:30a<br>8:00p-9:00p | 9:30a-11:30a                | 9:30a-1:00p     | 9:30a-1:00p  |
| <b>Lap Swim</b>                        | 5:30a-9:30a<br>3:00-6:00p                            | 5:30a-9:30a<br>3:00-6:00p   | 5:30a-9:30a<br>3:00-6:00p   | 5:30a-9:30a<br>3:00-6:00p   | 5:30a-9:30a<br>3:00-6:00p   | 9:30a-11:00a    | 9:30a-11:00a |
| <b>Sauna, Steam Room &amp; Hot Tub</b> | 5:30a-11:30a<br>3:00p-9:00p                          | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-6:30p | 9:30a-4:00p     | 9:30a-4:00p  |
| <b>L8 Nite Pool Party</b>              | L8 Nite, Low Lights, Loud Music, Bring your friends! |                             |                             |                             | 6:30p-9:00p                 | Ages 9-14 years |              |
| <b>Fitness Centre</b>                  | 5:30a-11:30a<br>3:00p-9:00p                          | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-9:00p | 5:30a-11:30a<br>3:00p-9:00p | 9:30a-4:00p     | 9:30a-4:00p  |

\*Swimming & Aquafit schedules are subject to change without notice. \*Leisure Swim – children & families welcome. Toys and attractions will not be open.

| Age                     | Single Admission         | Punch Card<br>(10 admissions) | One Month Pass |
|-------------------------|--------------------------|-------------------------------|----------------|
| <b>Child</b><br>(4-13)  | \$3.55                   | \$29.45                       | \$28.65        |
| <b>Youth</b><br>(14-18) | \$4.15                   | \$35.15                       | \$34.00        |
| <b>Senior</b><br>(60+)  | \$4.15                   | \$35.15                       | \$34.00        |
| <b>Adult</b><br>(19-59) | \$5.50                   | \$47.75                       | \$34.00        |
| <b>Family</b>           | \$3.55 ea<br>(max 14.35) | \$29.45<br>(1 punch ea)       | \$72.00        |
| <b>Fitness Centre</b>   | \$4.15                   | \$47.75                       | \$35.30        |

### Admission Policy

Children 6 years of age or under must always be accompanied in the water and be within arm's reach of a parent or other person 16 years of age or older. Ratio of children 6 years or under to parent/guardian must be no greater than 3:1

### Facility Closures:

Thanksgiving Day - October 14  
Remembrance Day - November 11

### Special Events:

Wacky Wednesday – last Wednesday each month - 6:15-8pm  
Pro-D Swim-Sept 23, Oct. 25, Dec. 2 - 1:00-3:00 pm  
Halloween Swim - Oct 30  
Swim with Santa – Dec. 14 - 1:00 – 4:00 pm

### Special Rates

Lesson Rate: \$3.55 (when your child is in City lessons)  
Tonnie Swim: \$2.00, first two hours and last hour-Mon-Fri only