Westsyde Pool & Fitness Centre

Canada's Tournament Capital

2026/27 Holiday Schedule: December 19, 2026 – January 3, 2027

Revised November 2, 2026

m	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:30am –7:50am 9:00am - 12:00pm 4:00pm – 6:30p m	6:30am – 12:00pm	6:30am –7:50am 9:00am - 12:00pm 4:00pm – 6:30pm	6:30am – 12:00pm	6:30am –7:50am 9:00am - 12:00pm 4:00pm – 6:30pm	9:45am – 12:00pm	9:45am – 12:00pm
Leisure Swim	9:00am –12:00pm 4:00pm – 6:30pm	9:00am –12:00pm 4:00pm – 6:30pm	9:00am –12:00pm 4:00pm – 6:30pm	9:00am –12:00pm 4:00pm – 6:30pm	9:00am –12:00pm 4:00pm – 6:30pm	9:45am – 12:00pm	9:45am – 12:00pm
Public Swim	12:00pm – 4:00pm 6:30pm - 9:00pm	12:00pm – 4:00pm 6:30pm - 9:00pm	12:00pm – 4:00pm 6:30pm - 9:00pm	12:00pm – 4:00pm 6:30pm - 9:00pm	12:00pm – 4:00pm 6:30pm - 9:00pm	12:00pm – 4:00pm	12:00pm – 4:00pm
Shallow Aquafit Preregistration Required	8:00am – 9:00am		8:00am – 9:00am		8:00am – 9:00am		
Hot Tub and Hot Rooms	6:30am – 8:00am 9:00am – 9:00pm	6:30am – 9:00pm	6:30am – 8:00am 9:00am – 9:00pm	6:30am – 9:00pm	6:30am– 8:00am 9:00am – 9:00pm	9:45am – 4:00pm	9:45am – 4:00pm
Fitness Centre	6:00am – 9:00pm	6:00am – 9:00pm	6:00am – 9:00pm	6:00am – 9:00pm	6:00am – 9:00pm	9:30am – 4:00pm	9:30am – 4:00pm

Schedule is subject to change, please view Kamloops.ca/Swim for updates or call 250-828-3616.

Important dates:
December 24: Closed at 4:00pm
December 25: Closed for stat
December 26: Closed for stat
December 28: Closed for stat
December 31: Closed at 4:00pm
January 1: Closed for stat

Notes:
Early bird swim Monday to Friday from 6:30–7:30a
Shallow Aquafit preregistration opens at 10am each Friday
Leisure swims do not include toys, climbing wall or diving board.
Friday December 18th – Special Swim Event 6:30-9p
Wacky Wednesday will be during our 6:30-9p Public Swim December 30th