Canada Games Aquatic Centre

Canada's Tournament Capital

2026/27 Holiday Schedule: December 19, 2026 – January 3, 2027

Revised November 2, 2026

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:00am–8:00am **(50m 6-8 am)** 8:30am-9:00pm	6:00am-9:00pm	6:00am–8:00am **(50m 6-8 am)** 8:30am-9:00pm	6:00am-9:00pm	6:00am–8:00am **(50m 6-8 am)** 8:30am-9:00pm	7:00am-8:00pm	7:00am-8:00pm
Leisure Pool	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	7:00am-8:00pm	7:00am-8:00pm
Hot Tub	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	7:00am-8:00pm	7:00am-8:00pm
Sauna & Steam Room	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	6:00am-9:00pm	7:00am-8:00pm	7:00am-8:00pm
Water Slide	10:00am-4:00pm 6:00pm-9:00pm	10:00am-4:00pm 6:00pm-9:00pm	10:00am-4:00pm 6:00pm-9:00pm	10:00am-4:00pm 6:00pm-9:00pm	10:00am-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-8:00pm	1:00pm-4:00pm 6:00pm-8:00pm
Public Swim (Deep End, Diving Boards)	1:00pm-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-9:00pm	1:00pm-4:00pm 6:00pm-8:00pm	1:00pm-4:00pm 6:00pm-8:00pm
Special Rates available Monday to Friday: Early Bird swim from 6:00–7:00 am and Liquid Lunch is from 11:30 am–12:30 pm							

Schedule is subject to change, please view Kamloops.ca/Swim for updates.

Important dates

December 24: Closed at 4:00pm
December 25: Closed for stat
December 26: Closed for stat
December 28: Closed for stat
December 31: Closed at 4:00pm
January 1: Closed for stat

Bulkhead Moves: Lap swim lanes will be temporary unavailable during bulkhead moves on the following days and times:

- Monday, Wednesday & Friday from 8:00–8:30 am