

# Canada Games Aquatic Centre



## 2026 Fall Schedule: September 8<sup>th</sup> – December 18<sup>th</sup>

Released August 23<sup>rd</sup>, 2026

Canada's Tournament Capital

| Feature                                                                      | Monday                                                                                                                    | Tuesday                        | Wednesday                                                                                                                 | Thursday                        | Friday                                                                 | Saturday                                                                                   | Sunday                                                                                    |
|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| <b>Lap Swim</b>                                                              | 6:00am–8:00am<br><b>(50m 6-8 am)</b><br>8:30am–3:30pm<br><b>Limited lap lanes</b><br><b>3:30-5:00 pm</b><br>7:30pm–9:00pm | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–8:00am<br><b>(50m 6-8 am)</b><br>8:30am–3:30pm<br><b>Limited lap lanes</b><br><b>3:30-5:00 pm</b><br>7:30pm–9:00pm | 6:00am–3:30pm<br>6:00pm–9:00pm  | 6:00am–8:00am<br><b>(50m 6-8 am)</b><br>8:30am–3:00pm<br>7:30pm–9:00pm | 9:00am–8:00pm<br><b>No new admission</b><br><b>10:00am–12:30pm</b><br><b>3:45pm–6:00pm</b> | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b> |
| <b>Leisure Pool</b>                                                          | 6:00am–5:00 pm<br>7:30pm–9:00pm                                                                                           | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–5:00 pm<br>7:30pm–9:00pm                                                                                           | 6:00am–3:30pm<br>6:00pm–9:00pm  | 6:00am–3:30pm<br>6:30pm–9:00pm                                         | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b>  | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b> |
| <b>Hot Tub</b>                                                               | 6:00am–5:00pm<br>7:30pm–9:00pm                                                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm | 6:00am–5:00pm<br>7:30pm–9:00pm                                                                                            | 6:00am–3:30pm<br>6:00pm–9:00pm  | 6:00am–3:30pm<br>6:30pm–9:00pm                                         | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b>  | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b> |
| <b>Sauna &amp; Steam Room</b>                                                | 6:00am–9:00pm                                                                                                             | 6:00am–9:00pm                  | 6:00am–9:00pm                                                                                                             | 6:00am–9:00pm                   | 6:00am–9:00pm                                                          | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b>  | 7:00am–8:00pm<br><b>No new admission</b><br><b>8:30am–12:30pm</b><br><b>3:45pm–6:00pm</b> |
| <b>Water Slide</b>                                                           | 7:30pm–9:00pm                                                                                                             | 6:30pm–9:00pm                  | 7:30pm–9:00pm                                                                                                             | 6:30pm–9:00pm                   | 11:00am–12:00pm<br>7:00pm–9:00pm                                       | 1:00pm–3:50pm<br>6:00pm–8:00pm                                                             | 1:00pm–3:50pm<br>6:00pm–8:00pm                                                            |
| <b>Public Swim</b><br>Deep End,<br>Diving Boards, Waterslide                 | 7:30pm–9:00pm                                                                                                             | 7:30pm–9:00pm                  | 7:30pm–9:00pm                                                                                                             | 7:30pm–9:00pm                   | 7:00pm–9:30pm                                                          | <b>1:00pm–3:30pm</b><br><b>WIBIT Swim</b><br>6:00pm–8:00pm                                 | 1:00pm–3:50pm<br>6:00pm–8:00pm                                                            |
| <b>Aquafit (Drop-In)</b><br>Check out the Activity<br>Guide for more details |                                                                                                                           |                                |                                                                                                                           | 7:00a–8:00a<br>(Gentle Aquafit) |                                                                        |                                                                                            |                                                                                           |

### Special Rates available Monday to Friday:

Early Bird swim from 6:00 am –7:00 am and Liquid Lunch is from 11:30 am–12:30 pm

Schedule is subject to change, please view [Kamloops.ca/Swim](https://Kamloops.ca/Swim) for updates.

**See Page 2 for information on, bulkhead moves, closures, and upcoming events.**

## **Bulkhead**

The Main Pool will be temporarily unavailable during bulkhead moves on the following days and times:

- Monday, Wednesday & Friday from 8:00 am – 8:30 am

## **Limited Admission for the Leisure Pool**

There will be a maximum of 40 spots available for the leisure pool during these times. Admission is on a first-come basis on the following days and times:

- Limited admission on Pro D days from 8:30 am – 12:00 pm

## **\*No New Admission times\***

During these times no new admissions to the pool will be accepted. Due to swimming lessons and capacity limits. Those in the pool before the start time will be permitted to stay in the pool.

- Saturday & Sunday from 8:30am-12:30pm 3:45 pm-6:00 pm

## **WIBIT swims**

During public swims designated as WIBIT swims, the Wiggle Track and obstacle course will alternate each weekend. Diving boards will be closed during these swims. For more details about each item please check out our website

## **Upcoming Events:**

- September 8-12: BC 55+ Games
- October 12: Statutory holiday (Pool closed)
- October 23: Pro D public swim from 12:00-3:00 pm
- Oct 24: KCS Festival
- November 11: Statutory holiday (Pool Closed)
- November 30: Pro D public swim from 12:00-3:00 pm
- December 10-13: MJB Law Classic Meet