

Canada Games Aquatic Centre



2026 Fall Schedule: September 8th – December 18th

Released August 23rd, 2026

Canada's Tournament Capital

Feature	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6:00am–8:00am (50m 6-8 am) 8:30am–3:30pm Limited lap lanes 3:30-5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–8:00am (50m 6-8 am) 8:30am–3:30pm Limited lap lanes 3:30-5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–8:00am (50m 6-8 am) 8:30am–3:00pm 7:30pm–9:00pm	9:00am–8:00pm No new admission 10:00am–12:30pm 3:45pm–6:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm
Leisure Pool	6:00am–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–5:00 pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–3:30pm 6:30pm–9:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm
Hot Tub	6:00am–5:00pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–5:00pm 7:30pm–9:00pm	6:00am–3:30pm 6:00pm–9:00pm	6:00am–3:30pm 6:30pm–9:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm
Sauna & Steam Room	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	6:00am–9:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm	7:00am–8:00pm No new admission 8:30am–12:30pm 3:45pm–6:00pm
Water Slide	7:30pm–9:00pm	6:30pm–9:00pm	7:30pm–9:00pm	6:30pm–9:00pm	11:00am–12:00pm 7:00pm–9:00pm	1:00pm–3:50pm 6:00pm–8:00pm	1:00pm–3:50pm 6:00pm–8:00pm
Public Swim Deep End, Diving Boards, Waterslide	7:30pm–9:00pm	7:30pm–9:00pm	7:30pm–9:00pm	7:30pm–9:00pm	7:00pm–9:00pm	1:00pm–3:30pm WIBIT Swim 6:00pm–8:00pm	1:00pm–3:50pm 6:00pm–8:00pm
Aquafit (Drop-In) Check out the Activity Guide for more details				7:00a–8:00a (Gentle Aquafit)			

Special Rates available Monday to Friday:

Early Bird swim from 6:00 am –7:00 am and Liquid Lunch is from 11:30 am–12:30 pm

Schedule is subject to change, please view [Kamloops.ca/Swim](https://kamloops.ca/Swim) for updates.

See Page 2 for information on, bulkhead moves, closures, and upcoming events.

Bulkhead

The Main Pool will be temporarily unavailable during bulkhead moves on the following days and times:

- Monday, Wednesday & Friday from 8:00 am – 8:30 am

Limited Admission for the Leisure Pool

There will be a maximum of 40 spots available for the leisure pool during these times. Admission is on a first-come basis on the following days and times:

- Limited admission on Pro D days from 8:30 am – 12:00 pm

No New Admission times

During these times no new admissions to the pool will be accepted. Due to swimming lessons and capacity limits. Those in the pool before the start time will be permitted to stay in the pool.

- Saturday & Sunday from 8:30am-12:30pm 3:45 pm-6:00 pm

WIBIT swims

During public swims designated as WIBIT swims, the Wiggle Track and obstacle course will alternate each weekend. Diving boards will be closed during these swims. For more details about each item please check out our website

Upcoming Events:

- September 8-12: BC 55+ Games
- October 12: Statutory holiday (Pool closed)
- October 23: Pro D public swim from 12:00-3:00 pm
- Oct 24: KCS Festival
- November 11: Statutory holiday (Pool Closed)
- November 30: Pro D public swim from 12:00-3:00 pm
- December 10-13: MJB Law Classic Meet