

Canada Games Aquatic Centre

Event Notice

BC 55+ Games

Sep 8th–Sep 11th, 2026

Public Schedule Canada Games Pool

Date	Feature(s)	Availability
Tues/Thur Sep 8,10	Sauna/Steam Room	6:00am–9:00pm
	Hot Tub	6:00am–3:30pm; 6:00pm–9:00pm
	Leisure Pool	6:00am–3:30pm; 6:00pm–9:00pm
	Public Swim Deep End, Diving Boards, Waterslide	7:30pm–9:00pm
	Lap Swimming 20m swimming only	6:00am–2:00pm <i>20m swimming only; no lane ropes or backstroke flags available.</i>
	Lap Swimming 25 meters	7:30pm–9:00pm
Wed Sep 9	Sauna/Steam Room	6:00am–9:00pm
	Hot Tub	6:00am–5:00pm; 7:30pm–9:00pm
	Leisure Pool	6:00am–5:00pm; 7:30pm–9:00pm
	Public Swim Deep End, Diving Boards, Waterslide	7:30pm–9:00pm
	Lap Swimming 20m swimming only	6:00am–2:00pm <i>20m swimming only; no lane ropes or backstroke flags available.</i>
	Lap Swimming 25 meters	7:30pm–9:00pm
Friday Sep 11	Sauna/Steam Room	6:00am–9:00pm
	Hot Tub	6:00am–3:30pm; 6:30pm–9:00pm
	Leisure Pool	6:00am–3:30pm; 6:30pm–9:00pm
	Public Swim Deep End, Diving Boards, Waterslide	7:00pm–9:30pm
	Lap Swimming 20m swimming only	6:00am–2:00pm <i>20m swimming only; no lane ropes or backstroke flags available.</i>
	Lap Swimming 25 meters	7:30pm–9:00pm

Check the schedule: www.kamloops.ca/swim