











Canada's Tournament Capital

WELCOME TO KENNA CARTWRIGHT NATURE PARK

Kenna Cartwright offers an extensive network of gentle nature trails for hiking or cycling, with panoramic views of the city, the Thompson Valley, Kamloops Lake, and the convergence of the North and South Thompson Rivers. Established in 1996, Kenna Cartwright Nature Park encompasses almost 800 ha of Mount Dufferin, with over 55 km of nature trails meandering through the park. The park is named in honour of Kenna Cartwright, former Councillor and Mayor of Kamloops, and long-time supporter of parkland preservation.

PLEASE STAY ON THE TRAILS

We hope you enjoy your visit and ask that you stay on designated trails. Our trails have been designed to allow users maximum exposure to the park's natural features with minimal damage to the environment. Going off-trail leads to the destruction of surface vegetation, animal habitat, and fragile soils, which, in our climate, will not recover. By staying on the trails, you ensure that the sensitive grasslands ecosystem is maintained for future generations to appreciate. Trail difficulty ratings are indicated on the park map and at trail junctions in the park.

Trails may close during spring snow melt to prevent compaction and erosion. Trails remain open in the winter but are not cleared of snow. Hikers should wear appropriate footwear.

Class 1 e-bikes (pedal-assist only, with a maximum speed of 32 km/h) are permitted on any trail open to cycling. Class 2 and 3 e-bikes (with throttle capability, faster speeds) are restricted.

The City of Kamloops acknowledges that we are located on Tkemlups te Secwépemc territory, situated within the unceded ancestral lands of the Secwépemc Nation. We honour and respect

Report an issue to the City:

P: 250-828-3461 | E: civicoperations@kamloops.ca or use the free MyKamloops™ App









