



## Exemplary Service Awards Call for Nominations

Do you know someone who has been a dedicated volunteer in our community? Kamloops City Council is inviting you to nominate them for the City's Exemplary Service Award. This award formally acknowledges individuals for their contribution to the community's growth and development and to the well-being of Kamloops citizens.

The Exemplary Service Award has two categories:

- Young Adult (29 and under)
- Adult (30 and over)

The individuals selected by Council to receive an award this year will be recognized at an awards ceremony on April 19, 2023.

The nomination deadline is 4:30 pm on March 13, 2023. For the full nomination criteria and form, visit:

[Kamloops.ca/ExemplaryServiceAward](http://Kamloops.ca/ExemplaryServiceAward)



# PERIODS ARE A FACT OF LIFE.

## Period Product Initiative Launch

The City of Kamloops is taking action to address period poverty in our community by piloting an initiative to offer free period (menstrual) products to City staff and to the public in select public washrooms. Significant research led by the United Way British Columbia has shown how much of our population is negatively affected by barriers that limit access to these essential products. Products dispensers have been installed in washrooms in the following facilities:

- City Hall
- 105 Seymour Street
- Tournament Capital Centre
- McArthur Island Sport and Event Centre

The City is eager to learn how the products available in these public locations will be received by local residents and, if the pilot is successful, is hoping to expand availability to other public washrooms later this spring. Residents are encouraged to provide feedback through a short survey about the initiative at [Kamloops.ca/PeriodProducts](http://Kamloops.ca/PeriodProducts). The survey is also available by QR code where period products are being provided.

For more information on the United Way's Period Promise Campaign, visit:

[PeriodPromise.ca](http://PeriodPromise.ca)

## Renovate Smart Kamloops

Do you want to learn more about home energy efficiency? Sign up for a free Home Energy Performance Workshop. These online workshops are offered monthly. The next workshops are:

- March 9, 12:00–1:00 pm
- April 12, 4:30–5:30 pm

To register, visit:

[Kamloops.ca/RenovateSmart](http://Kamloops.ca/RenovateSmart)





## Have Your Say on the 2023 Budget

The City would like to consult and engage with residents about the 2023 budget as we plan for the next five-year budget cycle (2023–2027). This will be the first budget approved by the newly elected City Council. Let them know your perspective on how it will affect you and your community.

Visit [LetsTalk.Kamloops.ca/Budget2023](https://LetsTalk.Kamloops.ca/Budget2023) for opportunities to ask questions and provide feedback on the provisional budget and supplementary budget items. Feedback will be collected until 11:59 pm on Friday, March 3. The 2023 Budget will be finalized in May.

To receive notifications about the 2023 budget's progress, key dates, and decisions, please subscribe at:

[LetsTalk.Kamloops.ca/Budget2023](https://LetsTalk.Kamloops.ca/Budget2023)



## Additional materials are now accepted in the City's residential recycling curbside carts and bins!

These items include:

- aluminum foil, pie plates, and baking dishes
- metal tins
- plastic plant pots, cups, gift boxes, food storage containers, straws, stir sticks, utensils, disposable hangers, dental floss cases, and tape dispensers
- paper cups, paper plates, gift boxes, paper bags, lunch bags, piñatas, paper gift bags, paper hats, and party décor
- cardboard storage boxes and moving boxes (cut down into small pieces)

Residents can also take plastic carry-out bags, freezer bags, wrap, and drop sheets as well as squishy foam packaging and foam bowls and cups to a Recycle BC depot.

Recycling is ever changing and driven by market forces and technology. The City encourages residents to stay up to date by using the Waste Wise Kamloops app, which is available for free at [Kamloops.ca/WasteWise](https://Kamloops.ca/WasteWise) or in app stores.

