

# **Seeking Contract Kinesiologists and Exercise Physiologists**

Help change the life of somebody with a chronic condition by empowering them with a clinical exercise prescription. The City of Kamloops is seeking experienced kinesiologists and exercise physiologists to work in a contract capacity in a variety of multi-disciplinary programs. The successful incumbent may be required to work a variety of shifts, including early morning and evening.

## **Qualifications and Experience**

- bachelor's degree in exercise science, kinesiology, or exercise physiology
- priority given to applicants with a post-graduate clinical exercise physiologist certification
- practical experience in a chronic disease-focused exercise setting is considered an asset
- valid first aid/AED/CPR certificate (health care provider preferred)
- police information check, including vulnerable sector
- experience in counselling for lifestyle management is considered an asset
- valid personal training certificate and experience is an asset
- experience working with a multi-disciplinary health care team is considered an asset

### **Required Skills and Abilities**

- excellent verbal, written, and communication skills
- knowledge of applied biomechanics required
- knowledge of the relationship between chronic conditions and exercise required
- knowledge of medical and legal charting preferred
- knowledge of Microsoft Office
- self-motivated and able to work independently and as part of a multi-disciplinary team

#### **Nature and Scope of Work**

This term employment position will work on an hourly basis, based on scheduling needs, with the Strategic Health Alliance chronic disease exercise programming at the Tournament Capital Centre.

The successful incumbent will perform skilled work under the direct supervision of the Exercise Specialist Coordinator. This position will be expected to work alongside a multi-disciplinary medical team from Interior Health with possible report writing to physicians or insurance agencies. The successful candidate will possess excellent communication skills and be confident working in an unsupervised environment and as part of a team. The candidate will be expected to conducted all aspects of the position with integrity and tact while working with the general public and associated clientele.

The City thanks all applicants for their interest; however, only applicants who are selected for an interview will be contacted.

### **Application Deadline**

position will remain available until filled

Please submit your resume, cover letter, and three personal/professional references to:

Charlie Fornelli, Exercise Specialist Coordinator cfornelli@kamloops.ca | P. 250-828-3742

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MAKING KAMLOOPS SHINE