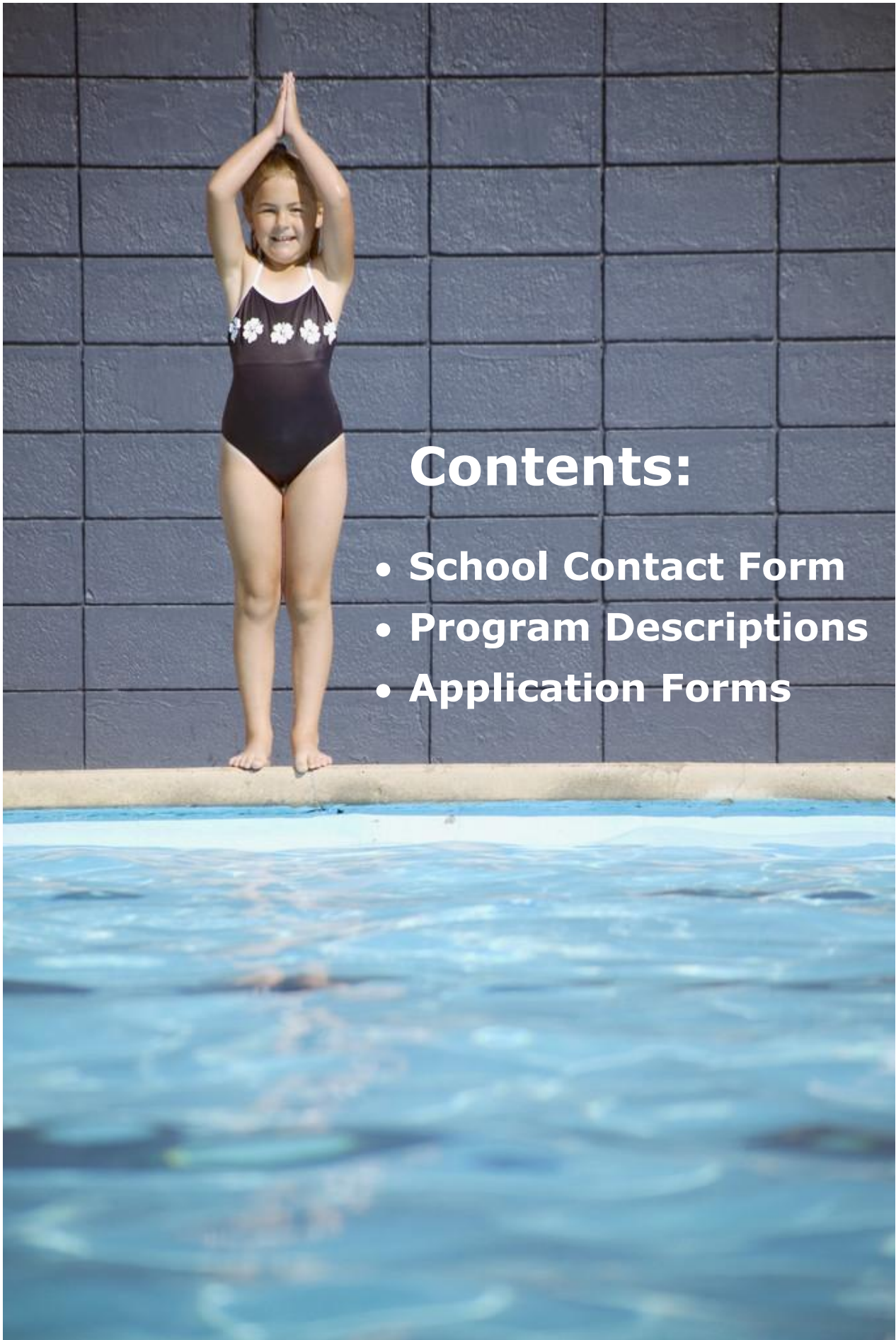


# School Swim Package

Parks, Recreation, and Cultural Services

Aquatic Program Section





# Contents:

- School Contact Form
- Program Descriptions
- Application Forms

## School Swim Program Guidelines

Our goal is to provide your school with a safe and positive learning experience. To help us reach this goal, please ensure that school representatives accompanying your students are aware of these guidelines:

- Be sure to inform a front desk representative of your arrival.
- We strongly recommend that a teacher supervises the change rooms to monitor student behaviour.
- Once changed, teachers should direct students to the bleachers (or a location determined by lifeguards) to receive a Safety Talk from a lifeguard. We encourage teachers and parent volunteers to participate to better assist the lifeguards with educating and enforcing pool rules. Prompt arrival and changing will accommodate the safety talk without compromising your pool time.
- **Admission Policy:** All children under the age of seven *must be accompanied in the pool by an adult at a maximum ratio of 3:1*. To help accommodate this policy, parent volunteers and teacher supervisors can swim at no charge.
- **Hot tub, steam room and sauna:** Restricted areas for Elementary School Students due to health and safety concerns pertaining to supervision.
- **Water Slide Rules:** Children under the height of 42 inches (1.07 m) tall are not permitted on the water slide. Children 6 years of age and under who meet the height requirement can slide with adult supervision. Single riders only – no multiple riders allowed, including parents with children. See posted 'Water Slide Rules' for full details.
- To minimize potential theft or loss, we encouraged swimmers to use the coin-operated lockers provided. Lockers are 25 cents and only accept quarters. The City of Kamloops is not responsible for property theft or loss.
- Please be aware that the public and other organized groups may be sharing the pool facilities at the same time that your school activity is in session.
- If you have any concerns or questions, please feel free to speak to our lifeguards, Aquatics Coordinators, or the Aquatics Program Supervisor.

**Have a safe, fun swim!**

<b>Please mail cheques to:</b> City of Kamloops – Aquatics Section Canada Games Aquatic Centre 910 McGill Road Kamloops BC V2C 6N6	<b>Contact us:</b> Email: <a href="mailto:swim@kamloops.ca">swim@kamloops.ca</a> Phone: 250-828-3754 Fax: 250-372-3730
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## School Contact Form

To help facilitate the booking process, please designate a main contact person as well as another person to act as the back-up contact person. Your school's contact person will coordinate applications from your school on behalf of all teachers and will act as the main liaison between the school and our Aquatic Coordinator when booking school swims. We will keep the School Contact Form on file for each school year.

Name of School:

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Address:

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Phone number:

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Fax number:

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**Main Contact:**

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**Main Contact's Email (required):**

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Back-up Contact:

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Back-up Contact's Email:

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## Program Descriptions

	Package Options		
	1	2	3
Program Title	Red Cross Swim @ School	Lifesaving Society Swim to Survive	Rec Swim, Sport or Fitness
Program Description	<p>Instructors facilitate the development of individual skills by encouraging and recognizing personal bests – no “pass” or “fail”.</p> 	<p>Children will have the opportunity to learn about self rescue: skills necessary to survive an unexpected fall into deep water.</p> 	<p>These activity based options are great for keeping students active.</p> <p><b>Rec Swim:</b> free time for students to explore all the fun features our facilities have to offer.</p> <p><b>Sport:</b> try a water polo scrimmage **</p> <p><b>Fitness:</b> work on building endurance through a swim workout – ideal for high school students **</p>
Number of Sessions	8-10 sessions (see attached for 'sets')	1-3 sessions	Unlimited
Program Fee <sup>i</sup>	\$2 per student per ½ hour session <sup>ii</sup>	\$2 per student per ½ hour session <sup>iii</sup>	\$30 per hour, per 25 students (fee will be \$32 per hour in 2012)
Booking Deadline	Bookings are processed on a first come first served basis. Early notice increases our ability to meet your requests.		

<sup>i</sup> Once a contract for a lesson package has been confirmed by both parties, there are no refunds for cancellations. For recreation swim packages, two weeks notice is required for cancellations; no refunds for cancellations made within two weeks.

<sup>ii</sup> Fee includes recognition materials. Fee is based on a minimum of 8 students per class. Fee surcharge will apply if there is less than 8 students in a class.

<sup>iii</sup> Fee includes recognition materials. Fee is based on a minimum of 8 students per class. Fee surcharge will apply if there is less than 8 students in a class.

\*\*For secondary students only.

## Package 1: Swimming Lessons – Set One

### Applicant Information

School Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Main Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Attending Teacher(s): \_\_\_\_\_ Fax: \_\_\_\_\_  
 Grade(s): \_\_\_\_\_ Email: \_\_\_\_\_  
 Total # of Students: \_\_\_\_\_

Please indicate preferred facility and lesson set below:

Pool	Lesson Set Dates			
	March 26 – April 26		April 30 – May 29	
Aquatic Centre	Mon & Wed	Tue & Thu	Mon & Wed	Tue & Thu
	<input type="checkbox"/> 12:00-1:00	<input type="checkbox"/> 12:00 -1:00	<input type="checkbox"/> 12:00 -1:00	<input type="checkbox"/> 12:00 -1:00
	<input type="checkbox"/> 1:00 – 2:00	<input type="checkbox"/> 1:00 – 2:00	<input type="checkbox"/> 1:00 – 2:00	<input type="checkbox"/> 1:00 – 2:00
<i>Please rank time in order of preference.</i>				

Pool	Lesson Set Dates			
	March 26 – April 26		Apr 30 – May 29	
Westsyde Pool	Mon & Wed	Tue & Thu	Mon & Wed	Tue & Thu
	<input type="checkbox"/> 10:30-11:30	<input type="checkbox"/> 12:30 – 2:00	<input type="checkbox"/> 10:30-11:30	<input type="checkbox"/> 12:30 – 2:00
	<input type="checkbox"/> 11:30-12:30		<input type="checkbox"/> 11:30-12:30	
<i>Please rank time in order of preference.</i>				

# Package 1: Swimming Lessons – Set Two

## Application Form

School Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Main Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Attending Teacher(s): \_\_\_\_\_ Fax: \_\_\_\_\_  
 Grade(s): \_\_\_\_\_ Email: \_\_\_\_\_  
 Total # of Students: \_\_\_\_\_

Please indicate preferred lesson set below:

Pool	Lesson Set Dates	
	June 4 - 14	
Aquatic Centre	Mon to Thu	<input type="checkbox"/> 12:00 - 1:00 <input type="checkbox"/> 1:00 - 2:00
McDonald Pool*	Mon to Thu	<input type="checkbox"/> 12:00 - 1:00 <input type="checkbox"/> 1:00 - 2:00
Brock Pool*	Mon to Thu	<input checked="" type="checkbox"/> 9:00 - 2:00p, booked 2012
Pool	Lesson Set Dates	
	June 4 - 22	
	Mon/Wed/Fri	<input type="checkbox"/> 10:30-11:30 <input type="checkbox"/> 11:30-12:30
Westside Pool	June 4 - 21	<input type="checkbox"/> 1:00 - 2:00
	Tue & Thu	

## Package 2: Swim to Survive

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### Application Form

School Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Main Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Attending Teacher(s): \_\_\_\_\_ Fax: \_\_\_\_\_  
 Grade(s): \_\_\_\_\_ Email: \_\_\_\_\_  
 Total # of Students: \_\_\_\_\_

### Facility Availability:

<b>Pool</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Aquatic Centre	11:30 - 2:00	12:00 - 2:00	11:30 - 2:00	12:00 - 2:00	
Westsyde Pool	10:30 - 12:30	1:00 - 2:00	10:30 - 12:30	1:00 - 2:00	10:30 - 12:30
McDonald Park Pool	10:30 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	
Brock Pool	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	

Please indicate preferred date, day, time, location and option(s) below:

<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Option(s)</b>

# Package 3: Recreation Swim, Sport or Fitness

## Application Form

School Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Main Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Attending Teacher(s): \_\_\_\_\_ Fax: \_\_\_\_\_  
 Grade(s): \_\_\_\_\_ Email: \_\_\_\_\_  
 Total # of Students: \_\_\_\_\_

## Facility Availability:

Pool	Monday	Tuesday	Wednesday	Thursday	Friday
Aquatic Centre	11:30 - 2:00	12:00 - 2:00	11:30 - 2:00	12:00 - 2:00	
Westsyde Pool	10:30 - 12:30	12:30 - 2:30	10:30 - 12:30	12:30 - 2:30	10:30 - 2:30
McDonald Pool	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	
Brock Pool	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	12:00 - 2:00	

Please choose one:  **Rec Swim**  **Water Polo\*\***  **Swim Workout\*\***

Please indicate preferred date, day, time & location below:

\*\*this option is available for secondary students only.

Date	Day	Time	Location