

Canadian Masters Indoor Athletic Championships 2011

Final Schedule (Rev. March 15)

Day 1			
	Track	Field	Field
9:30	Pent Hurdles	Shot Put – M	Shot Put – F
10:00	800m		
10:30	200m Heats	Pent HJ – F	Pent LJ – M
11:00	3000m	Pent SP – F	Pent SP – M
12:00			
12:15		Pent LJ – F	Pent HJ – M
13:00	60m Hurdles		
13:45	Pent 800m		
13:55	Pent 1000m	TJ – M	HJ – F
14:10	1500m RW*		
14:50	200m Finals		
15:00		HJ – M	TJ – F
15:30	4 x 200m		
15:40			
Day 2			
10:00	60m Heats	PV – M	WT – F
10:30	400m		LJ – F
11:00			
11:30	1500m	WT – M	PV – F
12:00		LJ – M (60+)	
12:30	3000m RW*		
13:00			
13:30	60m Finals	LJ – M (35-59)	
14:00			
14:30	4 x 400m		

All events will run oldest to youngest, women before men.

All events are finals unless specified.

The 200m sections with less than 7 competitors will automatically advance to the final and compete at the scheduled FINAL time.

The 60m sections with less than 9 competitors will automatically advance to the final and compete at the scheduled FINAL time.

*Men and Women will be combined in the Racewalk events.